

**Painless Painting**  
Oil and Acrylic Painting  
Instructor: Kim Freithaler  
Materials List (Choose One: Oil or Acrylic)

**Paint (either oil *or* acrylic)**

Yellow Ochre  
Burnt Sienna  
Burnt Umber  
Titanium White  
Ultramarine Blue  
Cadmium Red med. Or dark, (hue okay)  
Cadmium Yellow, (hue okay)  
Optional colors: Cerulean Blue (hue okay), Sap Green

**Brushes**

Two #2 (1/4") flat bristle (Oils) or synthetic (Acrylic) – Acrylic brushes are softer  
One #7 or #8 (1/2") flat bristle or synthetic brush  
One #10 or #12 (3/4") flat bristle or synthetic brush  
One #2 thin, round detail brush (synthetic)

**Miscellaneous**

Large disposable palette or roll of freezer wrap w/approx. 11"x14" board to wrap paper around  
Small package of vine charcoal, hard  
Two 16"x20" canvases or canvas boards.

**Oils Only**

One pint or quart of turpenoid (blue can).  
Small bottle of linseed oil or stand oil  
Tuna can or container for turpenoid, no plastic

**Smocks or old clothes are advisable**

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